

# ERIN K. DALY MCCLURE

San Diego, California

Erin @ erinkdaly.com

## Education

**Boston College**, Boston, Massachusetts June 2003 – May 2006  
Master of Arts in Counseling Psychology and Master of Arts in Pastoral Ministry

**University of St. Thomas**, St. Paul, Minnesota September 1996 – May 2000  
Bachelor of Arts in Psychology

## Employment Experience

**Self Employed**, Seattle, Washington & San Diego, California January 2009 – present  
Wellness Consultant

- Maintain multiple websites and blogs on meditation, diet and emotional health.
- Use 26 Dimensions of Wellness with clients to recognize and address their needs and goals.

**Self Employed**, Seattle, Washington January 2009 – June 2021  
Yoga Instructor

- Taught hatha yoga in yoga studios, parenting classes, churches, universities and health centers.
- Instructed newborn to age 90+ at all ability levels including fertility, prenatal and postnatal.

**Seattle Central Community College**, Seattle, Washington September 2010 – May 2011  
Parent Education Center Children's Teacher

- Guided parents as co-teachers by modeling positive and respectful interactions with toddlers.
- Assisted design the classroom with developmentally appropriate materials and activities.

**Sound Mental Health**, Seattle, Washington October 2006 – October 2008  
Family Treatment Court Liaison

- Recruited and screened parents in team-based specialty court to assist chemically dependent parents in establishing stability and resolving their child dependency cases.
- Counseled parents in obtaining chemical dependency treatment and reports from providers.
- Participated in client led team meetings to ensure wrap-around services for all families.

**Berklee College of Music**, Boston, Massachusetts September 2005 – May 2006  
Counseling Intern

- Provided intakes, referrals and individual ongoing personal counseling to students age 18 to 36.
- Counseled on adjustment, anxiety, depression, obsessive compulsive disorder, personality disorders, relationships, spiritual questions, substance abuse, addiction and academic advising.
- Coordinated emergency care including voluntary and involuntary hospitalizations.
- Collaborated and communicated with parents and other campus departments.
- Participated in weekly individual and group clinical supervision.

**Boston College**, Boston, Massachusetts August 2004 – May 2006  
Office of International Students & Scholars Graduate Assistant

- Assisted select and train 65 host students to for cross cultural education and support with orientation for 150 incoming international students.
- Coordinated Faculty/Staff Thanksgiving Host program for international students.
- Organized campus World Fiesta Day with over 300 student cultural demonstrations & booths.

- Organized holiday socials, newsletters and assisted with 25-year reunion for the program.

**Boston College**, Boston, Massachusetts August 2003 – May 2006

Institute for Religious Education and Pastoral Ministry Graduate Assistant

- Provided special event and office support including website maintenance and development.

**Liberty Elementary School**, Omaha, Nebraska January 2003 – May 2003

Kindergarten Paraprofessional

- Supervised structured and free play for 5-year-old English, Spanish and French speakers.
- Utilized the school-wide behavioral modification system to encourage positive social skills.

**Private Family**, Mouans Sartoux, France June 2002 – September 2002

Au Pair

- Lived with a French family, assisting 3 preschool/toddlers with English and life.

**University of San Francisco**, San Francisco, California August 2001 – June 2002

Resident Minister Intern

- Resided in and served a residence hall of 100 students as a ministerial presence
- Planned, organized, and participated in regular activities which encouraged students and ministers to cultivate self-identity, spirituality and work for social justice.

**Haight Ashbury Free Clinics, Inc.**, San Francisco, California August 2001 – June 2002

Case Manager

- Coordinated ongoing social services for 35 homeless or at-risk clients including legal services, psychiatric care, psychotherapy, substance abuse treatment, housing, and medical care.
- Counseled multiple clients entering recovery and maintaining sobriety.

**Homeless Advocacy Project**, San Francisco, California August 2000-August 2001

Jesuit Volunteer Corps Legal Advocate

- Advised and advocated on legal and social service issues for over 300 homeless people including benefits rights, landlord-tenant disputes, family law, employee rights, consumer rights, housing, substance abuse, and access to mental health and primary care.
- Coordinated training and mentoring for over 100 volunteer attorneys and paralegals.

## Volunteer Experience

**Mama's Kitchen**, San Diego, California December 2021 – present

Meal delivery

- Work with my kids to deliver prepared meals to individuals with serious medical conditions.

**St. Patrick's School**, San Diego, California September 2021 – present

Parent Volunteer

- Plan and teach art classes, assist with fundraisers, support athletic coaches and substitute teach as needed.

**Program for Early Parenting Support**, Seattle, Washington July 2010 – February 2020

Group Facilitator

- Facilitated groups of 8+ families with newborns in weekly discussion on parenting and families.

*References furnished upon request.*

St. Joseph School, Seattle, Washington September 2014-June 2021  
In Touch With Art Docent

- Planned and taught monthly art classes to kindergarten through 6<sup>th</sup> grade students.

St. Joseph School, Seattle, Washington September 2014-June 2021  
Assistant Soccer Coach

- Assisted other coaches as needed with kindergarten through 6<sup>th</sup> graders.

Girl Scouts, Seattle, Washington September 2015 – June 2021  
Parent Assistant

- Assisted plan and lead Girl Scout meetings for 1<sup>st</sup> through 6<sup>th</sup> grade girls.

St. Mary's Catholic Church, Seattle, Washington September 2020 – present  
Homilist

- Prepare and deliver bimonthly homilies during weekly Zoom services.

St. Mary's Catholic Church, Seattle, Washington September 2012 – 2013  
Sunday School Teacher

- Assisted plan and teach Catholic Social Justice Sunday school classes to 3-8 year olds.

St. Mary's Catholic Church, Seattle, Washington September 2012 – May 2013  
Good News People

- Assisted facilitate social justice based adult faith formation small group course.

Boston College, Boston, Massachusetts June 2003 – June 2005  
Graduate Student Immersion Trip Advisor

- Work with team of 15 students traveling to Cuernavaca, Mexico for immersion education and service experience including fundraising, education, and emotional support.
- Work with team of over 60 students traveling to Fort Benning, Georgia for peaceful protest and teach-in on the School of the Americas and other social justice issues.

### Continuing Education

American Red Cross, Seattle, Washington Ongoing  
Maintain my CPR and First Aid Certification

Yoga Classes & Personal Training, Seattle, Washington & San Diego, California Ongoing  
Participate in online yoga and personal training to further my study and refine my teaching

Heather Islander Cranio Sacral Therapy, Seattle, Washington November 2017  
Introductory Cranio Sacral Therapy course

Seattle Central Community College, Seattle, Washington 2009-2011; 2014-2016  
Parent education classes for raising newborns to preschoolers

Seattle University, Seattle, Washington 2011-2017  
Jesuit alumni mother's spiritual and personal development group

To Quiet Inflammation, Seattle, Washington Fall 2012

*References furnished upon request.*

Cathy Abascal's anti-inflammatory diet and lifestyle course

Samarya Center, Seattle, Washington  
Integrative Movement Therapy Basics

June 2010

8 Limbs Yoga Center, Seattle, Washington  
Prenatal & Postnatal Yoga Teacher Training

May 2010

Hatha Yoga Center, Seattle, Washington  
Certified Yoga Teacher Training

January 2007 - December 2008

International Teacher Training Organization, Guadalajara, Mexico  
Certification to Teach English as a Foreign Language  
September - December 2002

Haight Ashbury Free Clinics, San Francisco, California  
Uppers, Downers & All Arounders Pharmacology Education Program

September 2001 – June 2002

### **Hobbies**

- Piano, yoga, cooking for wellness, hiking, camping, travel, refinishing old houses, book group, article group, volunteering at my children's school.
- Joyfully transporting my children to Irish Dance, ballet, gymnastics, circus school, soccer, volleyball, cello, violin, guitar, piano, swimming and the beach.

### **Computer Skills**

- Proficient with MS Word, MS Excel, and multiple email and web browsers.
- Experienced with MS PowerPoint, Dreamweaver, WordPress, PageMaker and multiple photo editing programs.

### **Language Skills**

- French: beginner proficiency
- Spanish: beginner proficiency